

Baseball Clinics

Winter 2010

Baseball Plus programs use a player to staff ratio of approximately 5:1. All of our head instructors have played or coached at the collegiate or professional level. All clinics may be pro-rated

See Below for Schedule and Registration Form!

Single "A" Instructional League Ages 5-7

A 60-minute, weekly basic skill development program led by our professional training staff, covering pitching, hitting, base running, infield and outfield play. Fun and innovative drills improve your child's ability and increases confidence.

Double "AA" Instructional League Ages 8-10

A 60-minute, weekly skills development program led by our professional training staff. Provides in-depth coverage of all the basic skills including hitting, catching, pitching and base- running.

Triple "AAA" Instructional League Ages 11-12

A 60-minute, weekly advanced skill development program led by our professional training staff, covering pitching, hitting, base running, infield and outfield play. Fun and innovative drills improve your child's ability and increases confidence (January, February, and March)

Little League and Babe Ruth Hitting Clinic Ages 8-12 and 13-15 (6 players per age group)

Players will use numerous drills to develop hitting mechanics for the stance, stride, pivot, approach and path of the bat. Sessions include personalized instruction and live batting practice.

Little League and Babe Ruth Pitching Clinic Ages 8-12 and 13-15 (6 players per age group)

For new and experienced Babe Ruth pitchers. The clinic will cover developing proper mechanics for speed and control, advanced pitches and conditioning. The small group size allows personalized instruction.

February Vacation Baseball Blitz Ages 7-12 February 15-18, 2010 Mon-Thur. 10AM-1PM

Come join the BASEBALL PLUS team for 4 fun-filled days of great fun and learning! \$25 per day or \$90.00 for 4 days per player and includes the following:

1. **Skill Building**- 1 Hour of a Baseball workout daily covering Hitting, Fielding, and Pitching with Professional Instructors!
2. **Indoor Game** - Indoor real baseball game played with an Incrediball for safety.
2. **7TH Inning Stretch**- Pizza and soda lunch break, included.
3. **Good Old Fashion Fun**- After lunch, our world famous DodgeBall games

Martin Luther King's Birthday Incrediball Tournament and Dodgeball Smackdown

January 18, 2010 10:00AM - 2:00PM Ages 7-12

The day consists of 4 Hours of fun and competition. A Round Robin Qualifying Round will be held in the morning. After a pizza and soda lunch break, Playoffs will be held followed of course by our World Famous Dodgeball Smackdown! March on down to Baseball Plus to register for this epic and historic event.

Cost: \$30 Great American Dollars.

Winter 2010

BASEBALL CLINICS

February and March

All Clinics May be Pro-Rated

<input checked="" type="checkbox"/>	Clinics	Ages	# Players	Weeks	Schedule Updated 9/1/09	Cost	Head Instructors
	MLK Birthday Incrediball /Dball Tournament	7-12	30	January 18	Monday 10 AM -2PM January 18,2010	\$30.00	
	Single "A"	5-7	12	4	Tuesdays 5-6 PM February 2,9,16,23	\$80	
	Single" A"	5-7	12	4	Saturdays 9-10 AM February 6,13,20,27	\$80	
	Double"AA"	8-10	12	4	Wednesday 5-6 PM February 3,10,17,24	\$80	
	Double"AA"	8-10	12	4	Saturdays 10 – 11AM February 6,13,20,27	\$80	
	Little League and Babe Ruth Pitching	8-15	6 In Each Division	4	Mondays 5-6 PM February 1,8,15,22	\$80	
	Little League & Babe Ruth Hitting	7-15	6 In Each Division	4	Thursdays 5-6 PM February 4,11,18,25	\$80	
	February Vacation Baseball Blitz	7-12	40	4 Days	Monday-Tuesday-Wednesday-Thursday February 15,16,17,18	\$90 Wk \$25 Per Day	
	Single" A"	5-7	12	4	Tuesdays 5-6 PM March 2,9,16,23	\$80	
	Single" A"	5-7	12	4	Saturdays 9-10 AM March 6,13,20,27	\$80	
	Double "AA"	8-10	12	4	Wednesdays 5-6 PM March 3,10,17,24	\$80	
	Double "AA"	8-10	12	4	Saturdays 10-11 AM March 6,13,20,27	\$80	
	Little League and Babe Ruth Pitching	8-15	6 In Each Division	4	Mondays 5-6 PM March 1,8,15,22	\$80	
	Little League & Babe Ruth Hitting	7-15	6 In Each Division	4	Thursdays 5-6 PM March 4,11,18,25	\$80	

Make checks payable to "Baseball Plus" and mail or return to Baseball Plus, 835 Plain St. Marshfield, MA. 02050.

Name: _____ Age: ____ Telephone: _____

Address: _____ Email _____

City/State/Zip: _____ Payment Method: Cash Check MC VISA

Amount Enclosed: \$ _____ Credit Card No. _____ Exp. Date _____

PARENT/GUARDIAN RELEASE STATEMENT: We (I) hereby give our (my) permission to Baseball Plus to provide medical attention to our (my) son/daughter in the event of injury or illness. We (I) hereby release Baseball Plus and all its Employees from all claims (present or future) resulting from any injuries, which may be sustained by our (my) son/daughter while attending any Baseball Plus camp, clinic or events.

(Parent/Guardian Sign Here): _____