

# The Baseball Plus

## "ROCKS"

### 9 - 12U Developmental Baseball Program

*The advantages of an elite AAU program without the cost, travel and time commitment.*

The premise of this program is to train and develop 9, 10, 11 and 12 year old players as individuals within a team-oriented framework. All "Rocks" teams will play in a unique local league with two age divisions, 9-10 and 11-12.

This program is designed to supplement a players town youth baseball program. The goal is, as the name implies, to develop the young athlete for the next level of play and have fun in conjunction with developing their baseball skills.

This program offers a full practice schedule with indoor practices at Baseball Plus beginning in January through March 2010. Outdoor practices are also part of the training beginning in Early April. The teams are outfitted with uniforms and equipment as listed below.

Teams play a 10 game schedule, plus playoffs during May and early June. Emphasis during the workouts and games is always placed on individual skill development in all disciplines of the game. Each division will have rules of play specifically designed to further the progression of each player.

All 9, 10, 11 and 12 year old players are welcomed – no tryouts required.

### "Rocks" Player Package

The cost for the "Rocks" program is \$560.00 \* per player. The player package includes:

- One uniform game shirt with name and number
- One pair of uniform game pants
- One Short Sleeve Batting Jersey
- One full sleeve uniform undershirt
- One Short Sleeve Tee Shirt
- One batting helmet
- One practice hat
- One Game hat
- One pair game socks
- One game belt
- One equipment bag
  
- A full practice schedule with indoor practices in January, February, and March 2010, as well as outdoor practices beginning in late March or Early April 2010 (weather permitting). Emphasis during these workouts will be placed on individual skill development in hitting, throwing, fielding and pitching.
  
- A season schedule of approximately 10-15 local games plus playoffs.
  
- \*Easy and Convenient Payment Schedule Available

For more information, please call Baseball Plus at 781-837- 4263.