



Indoor Training Center

## High School Baseball Training and Conditioning Program

A pre-season program designed to prepare the high school athlete for the start of the season and try-outs. This programs unique approach is aimed at improving the skill level of the athlete and the physical development as well.

**Ages:** 12-18      **Dates:** Nov.4 –Mar.12, 2010      **Cost:** \$425.00

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Payment Method: Cash   Check   MC   VISA   Amount Enclosed: \_\_\_\_\_

Credit Card No. \_\_\_\_\_ Exp.Date \_\_\_\_\_

Jacket Size/ Color: \_\_\_\_\_ Glove Size / Color \_\_\_\_\_

**PARENT/GUARDIAN RELEASE STATEMENT:** We (I) hereby give our (my) permission to Baseball Plus to provide medical attention to our (my) son/daughter in the event of injury or illness. We (I) hereby release Baseball Plus and all its Employees from all claims (present or future) resulting from any injuries, which may be sustained by our (my) son/daughter while attending Baseball Plus clinics, camps and events.

**PARENT/GUARDIAM SIGN HERE:**

\_\_\_\_\_

Make checks payable to "Baseball Plus" and mail or return to Baseball Plus, 835 Plain Street, Marshfield, Ma.02050      781-837-4263  
[www.baseballplus.org](http://www.baseballplus.org)